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DIRECT & BEYOND, INC
DIRECT SHIPPING BEYOND LIMITATION

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DBI Insider *focus*

Diesel Prices Surge at Fastest Pace Since March 2011



U.S. diesel prices rose at the fastest pace since March 2011, jumping 11.5 cents in the week ending August 13 as oil prices slipped.

The average cost per gallon of diesel, \$3.965, has risen for the past six weeks and has increased more than 5 cents for the third time in four weeks, according to the U.S. Energy Information Administration. The average cost per gallon is 13 cents higher than a year ago.

Prices rose nationwide, with the cost per gallon rising above the \$4 mark in the New England and Central Atlantic regions, along with the West Coast and California. The West Coast excluding California saw the sharpest price increase, with the cost per gallon jumping 19.5 cents to \$4.078.

Crude oil for September delivery fell 14 cents to \$92.73 on the New York Mercantile Exchange, Investor confidence fell as U.S. equities slipped on news that the Japanese economy grew only 0.3 percent in the second quarter.

Direct & Beyond, Inc. Adds Additional Warehouse Space

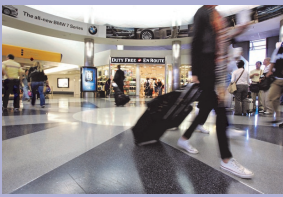
Recently, Direct & Beyond, Inc was very pleased to announce that they added additional warehouse space to accommodate the company's expanding market share in the logistics industry. Even through a turbulent up and down economy DBI continues to not only forge ahead but to grow in the process. DBI's continued growth can be directly attributed to the daily behavior traits of its team members. From DBI's driver's and operations teams to their sales, accounting and executive teams, the entire DBI family takes nothing for granted and treats every customer and every shipment with the highest attention to detail, respect and regard. This habitual way of doing business day in and day out has earned the respect and trust of both their long standing and recent customers alike. DBI looks forward to the many years ahead in serving your logistics needs and continuing to be "your transportation company for life"!



United Airlines Adds Routes for next Generation 787

United Airlines has unveiled additional new routes for the Boeing 787 once the plane is delivered. The Chicago based company said it will fly daily between Los Angeles and Narita, Japan beginning Jan. 3, 2013 and between Houston and Lagos, Nigeria five days a week starting Jan. 7, 2013. It also plans to fly between Los Angeles and Shanghai, China beginning March 30, 2013.

It's not certain whether these will be the first 787 flights on a U.S. airline, because United could still add another route between now and then. The 787, which Boeing calls the Dreamliner, is set to be delivered to United next month. United will be the first U.S. airline to get this aircraft. The airline has 50 of them on order. The Boeing 787 Dreamliner is a long-range, mid-size wide-body, twin-engine jet airliner developed by Boeing. It seats 210 to 290 passengers, depending on the variant. Boeing states that it is the company's most fuel-efficient airliner and the world's first major airliner to use composite materials for most of its construction. According to Boeing, the 787 consumes 20% less fuel than the similarly sized 767. Its distinguishing features include a four-panel windshield, noise-reducing chevrons on its engine nacelles and a smoother nose contour.



Passenger Traffic at LAX Picks Up Speed

Passenger traffic continued to grow last month at Los Angeles International Airport, which is on pace to handle more passengers than it has since before the recession. In all, 5.7 million passengers flew in and out of LAX last month, up about 2 percent over June 2011. For the first half of the year, the number of passengers flying in and

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out of LAX is up 3.6 percent over the same period a year ago to 30.9 million. That's more passengers than in the first half of 2007, the airports best year since 2000. That year, 62.4 million passengers traveled through LAX.

June was a strong month for international travel, with the number of international passengers flying in and out of LAX up 4.6 percent over last June. Several international carriers, including Air Berlin and Turkish Airlines, have added flights to and from LAX over the past year. The number of domestic passengers was up just 1 percent in June. Meanwhile, Ontario International Airport, which, like LAX is operated by city agency Los Angeles World

Airports, continues to bleed passengers.

Traffic there was down to 373,652 passengers in June of this year, down 4.4 percent from June 2011. For the first half of the year, the passenger count is at 2.1 million, down 6.4 percent from the first half of 2011.

That puts Ontario on pace for its worst year since before 1992, the first year that passenger statistics were tracked at the airport.

US on Highway Diesel Fuel Prices for California:

8/06/12: \$4.023 per gallon
8/13/12: \$4.215 per gallon
8/20/12: \$4.313 per gallon

Change From:
1 Week ago: 0.098
1 Year ago: 0.385
Data as of 8/24/2012



10 REASONS TO LOOK FORWARD TO FALL



1. Starbucks' seasonal pumpkin flavored products.
2. Beautiful colored leaves will drop by the masses and over the ground, making for a stunning, scenic aesthetic.
3. Darn near perfect weather. The summer heat has worn on many folks, so a change in temperature is long overdue.
4. Fresh apples that result in the creation of some rather enchanting apple concoctions.
5. The option of wearing layered clothing. Fall is the perfect time to break out your coats sweaters, boots and put your style on full display.
6. Halloween costume shopping and Halloween itself.
7. Football. Lots and lots of football!
8. The return of television series.
9. Thanksgiving; i.e., good food and family gatherings.
10. Hayrides, pumpkin patches, corn mazes, etc.



Glynis' Health Corner

Breathing Exercises By Glynis Jorritsma

Glynis Jorritsma
Glynis brings to DBI over 20 years of experience in the nutrition and healthcare industry. It is our pleasure to be able to offer these helpful health tips to you with the hope of improving the enjoyment of your life.

Shallow or poor breathing can contribute to many disorders. We need to learn to breathe deeply and from the abdomen rather than from the chest, which produces short and shallow breathing. Learning proper breathing techniques will be helpful in taking in more oxygen. Oxygen is needed for cellular respiration, cell metabolism, and proper brain function. Proper breathing helps to eliminate sufficient carbon dioxide and increases lung capacity, energy levels, speeds the healing process of many disorders, helps relieve anxiety, asthma symptoms, insomnia and stress. To practice deep breathing, do the following: Slowly breathe in through your nose and from your abdomen as deeply as you can and hold the breath for a count of 10. Place your tongue between your front teeth and the roof of your mouth. Slowly breathe out through your mouth. Do this for 5 minutes 3 time per day.



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