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▶ CES 2013 ...1

▶ A RUNNING BACK ... 1

▶ GLYNIS' HEALTH CORNER...2



# DB Insider *focus*

## A Review of CES 2013



### The Pebble Smart Watch

as well on this watch. The Pebble creators have created an open SDK which will allow anyone with know-how to create an app for the watch. What that means is that there will virtually be endless apps for this device. Lastly, The Pebble also comes with a fantastic LED display that's easy to see even in direct sunlight and it comes in three different colors. (See [www.getpebble.com](http://www.getpebble.com) for more information).

By The DBI Staff Writer - Las Vegas, NV., January 7-10, 2013—As the world's largest annual innovation and technology gathering convened once again, in the spotlight were several mind-boggling and game changing products. On display were everything from Samsung's bendable glass smart phones to "Phablets" (Part Smart Phone plus part Tablet) that are increasingly blurring the lines between the size of the Smartphone and the Tablet. Capturing a lot of attention was, "The Pebble". The Pebble is a smart watch which can sync with your iPhone and Android device. Besides showing you what time it is in several different and interesting formats, it will also allow you to see emails, text messages, Facebook updates, caller ID, weather updates and it allows control of either your music library or Pandora. If you cycle, run or play golf, there are great apps for those things

Also capturing the imagination of convention goers was the Ultra HD or UHD technology that was being showcased. UHD is a blanket term used for the TV screen image that is produced by both 4k (4 times the resolution of current HD Screens) and 8k (16 times the resolution of current HD Screens). Although 8k technology is projected to be 15-20 years in the future before it is mass-adopted, 4k technology is not too far in the distant future. Most major TV makers have already made or are in the process of making their prototype versions of their 4k TV's. What is important to remember however is that the 4k TV's will hit store shelves only as quick as the TV broadcasting companies will broadcast UHD content; probably still a few years away. (See photo in table of contents at top of newsletter).

One last item that should get honorable mention and that will also become a mainstay in our lives 20 years from now is the Luminae Keyboard. If you've ever watched one of the Star Trek episodes or have seen any recent futuristic sci-fi flick, you will recognize the Luminae Keyboard as having stepped out of a future time and into our present. This keyboard is a curved piece of glass that has the keys and track pad appear magically from LED lights that are underneath the glass. The keyboard is fully customizable and like a touch screen you can swipe and pinch on the keyboard itself to control what you are looking at on your screen. The Luminae will be available for purchase later this fall for \$500. You can visit [www.translusense.com](http://www.translusense.com) for more detail. Ready or not—the fantastic future is already upon us.



**The Luminae Keyboard on Display at CES 2013**



## DBI Signs Running Back to the Squad

By The DBI Staff Writer - Just this past December, due to the rising increase in full service deliveries and hot shot shipments, Direct & Beyond, Inc. recently made another addition to our growing business! This newest addition is truly the "Running Back" of our ever expanding fleet of trucks. This truck is able to safely maneuver its way through the toughest defensive lines of Southern California traffic. Additionally, when we're dispatched with a hot shot shipment that either needs to be picked up or delivered right away, this little truck has proved to be perfect for the job. Our "Running Back" is actually a Mitsubishi Fuso, that has a 18' Dry Box with an 80" Tall by 87" Wide Door Opening and it is also equipped with a liftgate. So, for your next Hot Shot or home delivery please don't hesitate to contact DBI at 888-876-1188!



## Glynis' Health Corner

### Prescription for Nutritional Healing®

This book is my favorite resource that I use as a guide to natural health. It is a practical A-to-Z reference to drug free remedies using vitamins, minerals, herbs and food supplements. It provides a simple understanding of Nutrition, Diet and Wellness, Vitamins, Minerals, Water, Amino Acids, Antioxidants, Enzymes, Natural Food Supplements and Herbs. It also lists the disorders or types of illnesses from A-to-Z. This section will help you understand a particular disorder and the proper nutrients to help heal the disorder. There is also a section for fantastic Remedies and Therapies that includes things like Aromatherapy, Juicing, Acupuncture, and Yoga etc. It is written by Phyllis Balch CNC a leading certified nutritional consultant for over twenty years, and James Balch MD, a medical doctor who is a graduate of Indiana University's School of Medicine and a member of the American Medical Association.

#### Glynis Jorritsma

Glynis brings to DBI over 20 years of experience in the nutrition and healthcare industry. It is our pleasure to be able to offer these helpful health tips to you with the hope of improving the enjoyment of your life.

#### US on Highway Diesel Fuel Prices for California:

1/28/13: \$4.137 per gallon  
2/04/13: \$4.242 per gallon  
2/11/13: \$4.331 per gallon

#### Change From:

1 Week ago: - 0.089 ↑  
1 Year ago: - 0.122 ↑  
Data as of 2/11/2013



The 1.2 Million Gallon "Open Sea Tank" at Monterey Bay Aquarium.

### Places to Visit in California

By Derek Luce, DBI Staff Writer

My Wife, Stephanie and I recently took a trip a few hours up north to Monterey, California. This trip made me think about all of the beauty that lies in nearly every direction within the Golden State. Naturally, I also then thought about profiling some of those places in our newsletter. So, we are starting a segment in the *DBI Insider* that will run from time to time profiling these "Places to Visit in California." We begin with Monterey: if you've never been or its been awhile since you've visited this serene destination, you must make it a point to visit soon!

Monterey is home to The Monterey Bay Aquarium, Cannery Row, Fisherman's Wharf, Laguna Seca Raceway, the his-

toric Presidio of Monterey and the annual Monterey Jazz Festival.

Just next door to Monterey is the quaint town of Pacific Grove, which is where my wife and I stayed. Its just 1 mile from the Monterey Bay Aquarium. We stayed at a Bed & Breakfast in Pacific Grove by the name of "Centrella Hotel Bed & Breakfast". The Hotel is Historically significant, having opened its doors in 1889. In fact staying here is like taking a trip in a time machine to at least the 1930's. Seriously, not one room has a television! Don't worry though—if you're starved for entertainment, there is a Wi-Fi connection so you can still "Netflix" to your heart's content.

Pacific Grove has a small town feel to it and there are a lot of great restaurants in town within walking distance from all of the hotels. We had dinner at Takara Sushi which was a 5 minute walk from our hotel and the food and atmosphere was fantastic! If you like Sushi, I highly recommend Takara! It is some of the best Sushi I've ever had. But that's Pacific Grove. Lets get back on the subject of Monterey.

According to Wikipedia, "Monterey had California's first theater, public building, public library, publically funded school, printing press, and newspaper".

While in Monterey we visited the world famous Monterey Bay Aquarium. The aquarium can be found at the end of Cannery Row and has an annual attendance of 1.8 million visitors each year. It holds thousands of plants and animals representing 623 named species on display. There are two enormous tanks on display: one is the "Oceans Edge" tank that is 33' high and holds 333,000 gallons of ocean water. In this tank the aquarium was first in the world to grow live California Giant Kelp. The bigger tank is the 1,200,000 gallon "Open Sea Tank", which features one of the worlds largest single-paned windows. This tank has held many different species but it is most notable for having been a temporary home to 6 different Great White sharks over the last 9 years.

After our visit to the aquarium we also visited Cannery Row, which is filled with tons of shops and restaurants. Overall, there is an endless list of wonderful things that you can see or do while in Monterey. Or you can do like my wife and I did and just relax, take in the scenery, the fresh air and fantastic food and thoroughly enjoy your time in Monterey and the surrounding central California coastline.



Welcome Back NHL Hockey!



By The DBI Staff Writer - On Saturday, January the 19th, NHL Hockey came roaring back to life onto the ice rinks of North America. After a more than 3 month lockout, the starving fans of the puck and stick breathed a sigh of relief as their much beloved teams suited up for board checks and break-aways.

Of course, we cannot write about the return of the NHL in Los Angeles without mentioning our Stanley Cup Champion Los Angeles Kings! For those who have been loyal Kings fans for any extended period of time, words cannot begin to express the feeling of seeing the franchise's very first championship banner being raised to the rafters at Staples Center. (See photo above).

Although the Kings have started a bit sluggish this season, and at the time of this writing they are currently in last place in the Pacific Conference, we still have another 11 weeks left in this abbreviated season.

The King's goal tending and defense have kept the team from having the worst record in the league.

Where improvement needs to be made is in the offensive front, which ironically enough, is laden with tons of star talent.

So, all hope in Kingsville is not lost. We still have a lot of weapons. The kings just need to awaken the sleeping beast! So, get ready to, "Dangle, Snipe and 'Celly!", once again in LA!



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